



City of Chula Vista Boards & Commissions

COMMISSION ON AGING

Agenda

REGULAR MEETING OF THE COMMISSION ON AGING OF THE CITY OF CHULA VISTA

**July 13, 2016
2:45 pm**

**Norman Park Senior Center Conference Room
270 F Street
Chula Vista**

CALL TO ORDER

ROLL CALL: Commissioners Allan, Ciriza, Carroll, Escalera, Johnson, Abutin and **Chair Nash**

PUBLIC COMMENTS

*Persons speaking during Public Comments may address the Board/Commission on any subject matter within the Board/Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Board/Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Board/Commission may schedule the topic for future discussion or refer the matter to staff. **Comments are limited to three minutes.***

CONSENT CALENDAR

The Board/Commission will enact the Consent Calendar staff recommendations by one motion, without discussion, unless a Board/Commission Member, a member of the public, or staff requests that an item be removed for discussion. If you wish to speak on one of these items, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting. Items pulled from the Consent Calendar will be discussed immediately following the Consent Calendar.

1. APPROVAL OF COMMISSIONER CIRIZA AND ALLAN ABSENCE FROM MAY 11, 2016 MEETING

STAFF RECOMMENDATION: COMMISSION APPROVE THE ABSENCE

2. APPROVAL OF MAY 11, 2016 COMMISSION MEETING MINUTES

STAFF RECOMMENDATION: COMMISSION APPROVE THE MINUTES

ACTION ITEMS

The Item(s) listed in this section of the agenda will be considered individually by the Board/Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a “Request to Speak” form and submit it to the Secretary prior to the meeting.

3. APPROVAL OF HOLDING A JOINT MEETING WITH THE PARKS AND RECREATION COMMISSION ON SEPTEMBER 15, 2016 AT 6:30PM IN LIEU OF THE SEPTEMBER 2016 MEETING

STAFF RECOMMENDATION: COMMISSION APPROVE THE JOINT MEETING WITH THE PARKS AND RECREATION COMMISSION ON SEPTEMBER 15, 2016 AT 6:30PM

4. UPDATE BY KHALISA BOLLING ON THE UCSD PEER EMPOWERMENT 4 PHYSICAL ACTIVITY (PEP4PA) RESEARCH STUDY

STAFF RECOMMENDATION: COMMISSION RECEIVE THE PRESENTATION

OTHER BUSINESS

5. STAFF COMMENTS

- Program and services updates
- Community Development Block Grant (CDBG)

6. CHAIR’S COMMENTS

7. COMMISSIONERS’/BOARD MEMBERS’ COMMENTS

ADJOURNMENT to the regular meeting on September 13, 2016 in the Norman Park Senior Center Conference, 270 F Street, Chula Vista, California.

Materials provided to the [Commission on Aging](#) related to any open-session item on this agenda are available for public review in the [Recreation Department, 276 Fourth Avenue, and Norman Park Senior Center, 270 F Street](#), Chula Vista during normal business hours.

In compliance with the AMERICANS WITH DISABILITIES ACT

The City of Chula Vista requests individuals who require special accommodations to access, attend, and/or participate in a City meeting, activity, or service, contact the Human Resources Department at (619) 691-5041 (California Relay Service is available for the hearing impaired by dialing 711) at least forty-eight hours in advance of the meeting.